

Assessment

During the first 72 hours after referral, we will make an assessment of whether a **Changing Trax** intervention is appropriate. If we are unable to work with a family because we feel the dangers to the children are too great, the intervention will end and the social worker will be informed.

Reporting

A report will be provided after the first 72 hours and, if the intervention continues, a final report will also be provided.

Follow up

Changing Trax provides progress checks one, three and six months after contact. In addition, we can provide families with up to two brief “booster” sessions.

About The Changing Trax Workers

Our workers come from a variety of professional backgrounds and work to a solution focused model. It is based on the Option 2 Model In Cardiff, which has been recommended by many of the professionals and families they have worked with.



CHANGING TRAX

ANOTHER WAY OF WORKING WITH FAMILIES.

INFORMATION FOR PROFESSIONALS



Contact us:

Abby Waites 278 8338
Elaine Smylie 278 8368

Joanna Noon 278 8151
(manager)

Crisis Intervention

Changing Trax is a short-term Crisis Intervention Service funded by Newcastle Neighbourhood Renewal. The aim is to create a positive change by working intensively with families where substance and or alcohol misuse is an issue.

Research indicates that crises last for about 4 weeks, and can act as a vehicle for change. Our intervention is focused on enabling people to learn and practice new skills and patterns of behaviour during this active period. We aim to achieve clear and measurable behavioural change so that children may remain safely at home.

Intensive Contact With The Family

Workers will be available to families 24 hours a day, 7 days a week for a maximum of 4 - 6 weeks. We work with families at home and in the community providing a high frequency of contact with the family during this period.

Emergency Response

In order to promote the safety of the children throughout the intervention, the worker will be able to respond to an emergency where appropriate as the family will have the worker's mobile number.

How can families access the course?

1. Children must be at active risk of accommodation, registration on the CPR, or:
2. Be accommodated on a short-term emergency basis and who are to return home within 7 days.
3. Families must be in crisis and clearly aware that there is a real risk of their children being removed or registered.
4. There is substance and/or alcohol misuse in the family.
5. The family needs to know that a referral has been made.
6. **Children must have an allocated social worker who will continue to hold case responsibility during our intervention.**

Referral Process

Where the above criteria are met, a referral may be made by the child's social worker contacting **Changing Trax** by telephone or in person.

Can Changing Trax Accept The Referral?

There are three **Changing Trax** workers who each work intensively with two families at a time. As we provide an intensive service working with families at a critical time, we do not have a waiting list. If all three workers are at capacity, then the referral will not be accepted.